

ABOUT THE COURSE

The purpose of this course is to develop a wide range of cookery skills in individuals that are intending to become a commercial cook.

Possible job titles include:

- Chef
- Chef de partie

ENTRY REQUIREMENTS

International students must satisfy the following conditions:

- ◆ An overall IELTS band 5.5 (with no individual band below 5.0) or equivalent.
- 18 years and above
- ◆ High School Certificate (Year 12) or equivalent

DURATION

Total Duration is 78 weeks

Study is 60 weeks Break is 18 weeks

FEES & INTAKES

Total Cost: AU \$13,200.00 Tuition Fee: AU \$12,000.00 Material Fee*: AU \$1,000.00 Enrolment Fee: AU \$200.00

* The material fees for the course include: Learning and assessment materials (including raw materials used in the commercial kitchen) - Full uniform and safety boots

STUDY LOCATIONS

Sydney Campus (City/Parramatta) Melbourne Campus

INTAKE DATES

2026	2027
05 JAN	04 JAN
06 APR	05 APR
06 JUL	05 JUL
05 OCT	04 OCT









hours per week and delivered face to face hours of self-study per week is requred

- The course includes two 7-hour days per week for theory & practical training & assessment, which are conducted in a training room and a commercial kitchen and 6 hours of self-study which can be conducted face-to-face or online/distance course work.
- The SIT40521 Certificate IV in Kitchen Management, the student has a requirement that students must complete a work placement component in the hospitality industry. All students are expected to complete the required amount of services period as describe below.
- Students will need to complete 48 complete food service periods in a workplace environment for the unit SITHCCC020 Work effectively as a cook. In addition, students are also required to complete 12 food service shifts for the unit SITHKOP005 Coordinate cooking operations, these shifts can be done within the 48 complete food service shifts. Students are required to prepare dishes for customers within the typical time constraints of a busy commercial kitchen. Details of the shifts, the type of service and the tasks undertaken will be recorded within the student's workplace log book.
- All students are encouraged to seek work experience in a local restaurant during their course of study. Such work experience can count as food service shifts at any time during the course however time will be allocated in weeks 67 - 75 for completion of the food service shifts. Students who are unable to find a suitable work experience venue will be assisted by Choice Business College in finding a suitable venue.
- Assessments may be conducted through a combination of written questions and answers, case studies, roleplays, practical demonstrations and work placement.

COURSE STRUCTURE

Total number of units of competencies = thirty-three (33) units of competencies

27 core units of competencies, 6 elective units of competencies

Core units

SITHCCC023 Use food preparation equipment Prepare dishes using basic methods of cookery SITHCCC028 Prepare appetisers and salads Prepare stocks, sauces and soups SITHCCC029 SITHCCCCGG Prepare vegetable, fruit, eggs and farinaceous dishes SITHCCC035 Prepare poultry dishes SITHCCC037 Prepare seafood dishes SITHCCC036 Prepare meat dishes Prepare food to meet special dietary requirements SITHCCC042 Produce cakes, pastries and breads Work effectively as a cook SITHCCC041 SITHCCC043 SITHKOP010 Plan and cost recipes SITHKOP012 Develop recipes for special dietary requirements SITHKOP013 SITHPAT016 Plan cooking operations Produce desserts Manage conflict SITXCOM010 Manage finances within a budget Use hygienic practices for food safety SITXFIN009 SITXFSA005 SITXFSA006 Participate in safe food handling practices SITXHRM009 Lead and manage people SITXINV006 SITXMGT004 Receive, store and maintain stock Monitor work operations SITXWHS007 Implement and monitor work health and safety practices Prepare vegetarian and vegan dishes Design and cost menus SITHCCC031 SITHKOP015

SITXFSA008 Develop and implement a food safety program

SITXHRM008 Roster staff

Elective Units

SITHCCC038 Produce and serve food for buffets SITHCCC039 SITHKOP011 Produce pates and terrines Plan and implement service of buffets SITXINV007 Purchase goods SITXINV008 Control stock SITXWHS006 Identify hazards, assess and control safety risks

PATHWAYS

Upon successful completion of SIT40521 Certificate IV in Kitchen Management the student may pursue SIT50416 Diploma of Hospitality Management.

RECOGNITION OF PRIOR LEARNING

We offer everyone the opportunity to apply for Recognition of Prior Learning (RPL) at enrolment. Students may be granted credit or partial credit in recognition of skills and knowledge gained through work experience, life experience and/or prior training.

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